

Swiss Open 2022

International Winter Challenge

Sportarena Campus Sursee



17 – 18

December 2022

Entry deadline December 10, 2022

Swiss Open – International Winter Challenge

17/18th December 2022, Sportarena Campus Sursee

Warm-up	12:00-13:20
Start of competition	13:30
End of competition	19:30

Warm-up	11:00-12:20
Start of competition	12:30
End of competition	18:00

Saturday

Women's 200m Freestyle
Men's 100m Freestyle
Women's 50m Breaststroke
Men's 100m Breaststroke
Women's 100m Butterfly
Men's 50m Backstroke
Women's 100m Backstroke
Men's 200m Butterfly
Women's 400m Freestyle
Men's 200m I.M.
Women's 200m Breaststroke
Men's 50m Butterfly
Women's 50m Freestyle
Men's 200m Backstroke
Women's 400m I.M.
Men's 800/1500m Freestyle

Sunday

Men's 200m Freestyle
Women's 100m Freestyle
Men's 50m Breaststroke
Women's 100m Breaststroke
Men's 100m Butterfly
Women's 50m Backstroke
Men's 100m Backstroke
Women's 200m Butterfly
Men's 400m Freestyle
Women's 200m I.M.
Men's 200m Breaststroke
Women's 50m Butterfly
Men's 50m Freestyle
Women's 200m Backstroke
Men's 400m I.M.
Women's 800m Freestyle

Swiss Open – Team Challenge

Warm-up	19:30-20:30
Start of competition	20:30
End of competition	22:00

- A maximum of 10 women's and 10 men's teams with 5 athletes each will be admitted to the Swiss Open – Team Challenge. Multiclub teams may be built.
- **Prize money: 1st place 2000 Fr. ; 2nd place 1000 Fr. ; 3rd place 500 Fr. ; 4th place 250. Fr.**
- For 5 teams or less the prize money will be halved.
- Details on the Swiss Open Team Challenge can be found on page 6 of these outlines.

Welcome to the Swiss Open 2022

The Schwimmclub Aarefisch is pleased to invite you to the Swiss Open 2022.

The Swiss Open will take place in the most modern competition pool in Switzerland. With accommodation and catering within walking distance, this facility offers optimal conditions for excellent performances.

We are looking forward to you and exciting competitions!

Date	Saturday and Sunday, 17/18th December 2022
Place	Leidenbergstrasse, 6208 Oberkirch, Switzerland
Facility	Pool 50 x 25 m, 10 lanes, water temperature 26°C Malmsten Gold Racing Lanes Quantum Automatic timing system Track-starting blocks with timing electronics and backstroke ledges Separate 25m cool-down pool (5 lanes)
Entries	Entries are to be submitted by email to wettkaempfe@aarefisch.ch
Entry Deadline	Saturday, 10 th December 2022 at 08:00 pm



Event Organization

Organizer	Schwimmclub Aarefisch															
Contact	wettkaempfe@aarefisch.ch															
Type of Meet	Invitational swim meet according to regulations 2.1, Art 3.1 The Swim meet has been announced internationally															
Regulations	The regulations of the Swiss Swimming Federation apply															
Categories	<table border="1"><thead><tr><th></th><th>Men</th><th>Women</th></tr></thead><tbody><tr><td>Age-Group 1</td><td>12 years 2010</td><td>11 years 2011</td></tr><tr><td>Age-Group 2</td><td>13 years 2009</td><td>12 years 2010</td></tr><tr><td>Youth</td><td>14-15 years 2008/2007</td><td>13 -14 years 2009/2008</td></tr><tr><td>Open</td><td>16+ years 2006 & older</td><td>15+ years 2007 & older</td></tr></tbody></table>		Men	Women	Age-Group 1	12 years 2010	11 years 2011	Age-Group 2	13 years 2009	12 years 2010	Youth	14-15 years 2008/2007	13 -14 years 2009/2008	Open	16+ years 2006 & older	15+ years 2007 & older
	Men	Women														
Age-Group 1	12 years 2010	11 years 2011														
Age-Group 2	13 years 2009	12 years 2010														
Youth	14-15 years 2008/2007	13 -14 years 2009/2008														
Open	16+ years 2006 & older	15+ years 2007 & older														
Entries	Entries are to be submitted by email to wettkaempfe@aarefisch.ch , Accepted formats: LENEX File, DSV File and PCE-3 File The final confirmation of entry will be sent after the Entry closing															
Entry Fees	50m distances CHF 8.00 100m distances CHF 10.00 200m distances CHF 12.00 400m distances CHF 18.00 800m/1500m distances CHF 25.00															
Bank Account	Schwimmclub Aarefisch, 5000 Aarau, Switzerland IBAN CH24 0900 0000 5000 6614 2, BIC/Swift: POFICHBEXXX															
Payment	You will receive an invoice with the confirmation of entry. Thank you for awaiting the invoice before making the payment.															
Licenses	Only swimmers with a valid Swiss Aquatics license are admitted to the competition. Swimmers from foreign clubs need a valid license of their Fina-associated federation.															
Heat sheets	Heat sheets will be handed out on the day of the competition.															
Result lists	Swimrankings - Swimming Rankings and Results															
Accommodation & Meals	anmeldeformular-sportwettkaempfe (campus-sursee.ch) The CAMPUS SURSEE Seminar Hotel offers a total of 550 hotel rooms in three comfort levels. All rooms are within 5 minutes walking distance. The MERCATO/RISTORINO self-service restaurant in CAMPUS SURSEE offers a daily choice of several seasonal menus.															

Qualifying times and Entry limits

Men					Women			
16+ years	14/15 years	13 years	12 years		11 years	12 years	13-14 years	15+ years
00:26.68	00:28.09	00:30.90	00:33.99	50m Freestyle	00:37.48	00:34.07	00:30.98	00:29.43
00:57.63	01:00.66	01:03.97	01:07.74	100m Freestyle	01:13.07	01:09.71	01:07.00	01:03.65
02:07.39	02:14.10	02:21.56	02:29.73	200m Freestyle	02:43.11	02:32.68	02:26.15	02:18.84
04:32.61	04:46.95	04:59.88	05:15.97	400m Freestyle	05:39.00	05:21.69	05:09.29	04:53.82
		10:43.86	11:46.01	800m Freestyle	12:38.81	11:26.91	10:48.07	10:15.67
18:30.13	19:28.56			1500m Freestyle				
00:30.33	00:31.93	00:35.12	00:38.64	50m Backstroke	00:44.86	00:40.78	00:37.08	00:35.22
01:07.58	01:11.14	01:15.08	01:19.36	100m Backstroke	01:25.09	01:20.83	01:17.53	01:13.66
02:27.36	02:35.12	02:42.62	02:51.96	200m Backstroke	03:06.39	02:53.81	02:47.77	02:39.38
00:33.13	00:34.87	00:38.36	00:42.19	50m Breaststroke	00:48.71	00:44.28	00:40.26	00:38.24
01:15.73	01:19.72	01:23.80	01:29.46	100m Breaststroke	01:35.36	01:30.64	01:27.62	01:23.24
02:47.62	02:56.44	03:04.52	03:17.59	200m Breaststroke	03:30.05	03:17.09	03:10.16	03:00.65
00:28.43	00:29.93	00:32.92	00:36.21	50m Butterfly	00:40.62	00:36.93	00:33.57	00:31.89
01:04.60	01:07.99	01:13.50	01:18.99	100m Butterfly	01:26.38	01:20.09	01:15.85	01:12.06
02:34.68	02:42.82	02:58.50	03:18.33	200m Butterfly	03:38.18	03:16.36	02:59.38	02:50.41
02:24.34	02:31.94	02:40.06	02:49.29	200m I.M.	03:02.21	02:52.90	02:46.51	02:38.18
05:16.71	05:33.38	06:00.30	06:40.33	400m I.M.	07:23.17	06:38.85	06:00.96	05:42.91

Qualifying times

The above mentioned qualifying times are mandatory and must be achieved at the competition.

Awards

An aggregate classification (addition of the Fina points) will be carried out over the 50m distances. The winner of each category will receive a trophy.

In all the other events medals will be presented to the first three athletes per category.

Heat limitations

The following heat limitations apply to the 800m and 1500m freestyle distances:

Men's 800m Freestyle: 1 heat per category (Age Group 1 and 2)

Men's 1500m Freestyle: 1 heat per category (Youth and Open)

Women's 800m Freestyle: 1 heat per category

In order to guarantee an orderly competition process, further heat limitations may be made if the number of entries is too high. The participating clubs will be informed about a heat limitation immediately after the entry deadline

Swiss Open – Team Challenge

Teams	<p>A maximum of 10 women's and 10 men's teams will be admitted to the Swiss Open. The building of multiclub teams is allowed.</p> <p>A team consists of 5 athletes. The names of the athletes must be submitted to the organizer until Saturday, 17th December 2022, 12:00 pm. After that, no changes may be made.</p>
Entry Deadline	<p>Saturday, 10th December 2022 at 08:00 pm</p> <p>Slots will be allocated in order of entry.</p>
Entry Fee	<p>300 Fr. per Team.</p> <p>If the organizer finds sponsors for the teams, the teams will compete under the Sponsor's name. In this case the entry fees for the respective team will be waived.</p>
Prize Money	<p>The prize money amounts to: 1. Platz 2000 Fr. 2. Platz 1000 Fr. 3. Platz 500 Fr. 4. Platz 250 Fr.</p> <p>If there are less than 5 entries per gender, the prize money of the respective gender will be halved.</p>
Competition programm	<p>Each athlete may only be entered once in the individual events.</p>
Round 1	<p>All teams</p> <ol style="list-style-type: none">1. Women's 4x50m Freestyle Relay2. Men's 4x50m Freestyle Relay <p>10-minute break</p>
Round 2	<p>The 8 best teams from round 1 each enter one athlete for round 2</p> <ol style="list-style-type: none">3. Women's 400m Freestyle4. Men's 400m Freestyle <p>10-minute break</p>
Round 3	<p>The 6 best teams from round 2 each enter one athlete for round 3</p> <ol style="list-style-type: none">5. Women's 200m I.M.6. Men's 200m I.M. <p>10-minute break</p>
Round 4	<p>The 4 best teams from round 3 each enter one athlete for round 4</p> <ol style="list-style-type: none">7. Women's 100m Freestyle8. Men's 100m Freestyle <p>10-minute break</p>
Round 5	<p>The 2 best teams from round 4 each enter a relay for round 5</p> <ol style="list-style-type: none">9. Women's 4x50m Medley Relay10. Men's 4x50m Medley Relay <p>Award ceremony</p>